



30-DAY DECLUTTERING CHALLENGE

KITCHEN	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
	Match Up Tupperware & Lids	Organize Your Junk Drawer	Organize Pots and Pans	Clean out Your Silverware Drawer	Go Through Dish Towels
	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
	Old Shoes	Organize Nightstand	Get Rid of Old Socks and Underwear	Organize T-Shirts	Go Through Jeans
	DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
LIVING ROOM	Worn-out throw pillows	Seasonal decor items	Remotes for electronics that you no longer use	Remove Kids' toys	Decor items that no longer match
	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20
	Old, worn-out towels and washcloths	Disintegrated soap bars	Makeup that you no longer wear	Expired beauty products	Old hairbrushes/combs
	DAY 21	DAY 22	DAY 23	DAY 24	DAY 25
	Receipts you no longer need	Pens and markers that are dried out	Mystery cords & cables	Expired coupons	Outdated technology / software
OFFICE	DAY 26	DAY 27	DAY 28	DAY 29	DAY 30
	Trash	Old paint	Damaged tools & equipment	Empty boxes	Excessive rags
GARAGE					